



# 2018

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## TABLE OF CONTENTS

Best Part of the Evening	1
Daily Grapevine Quote	2
Crossword puzzle	2
Attitude of Gratitude	3
Announcements	4
Anniversaries	5
At Wit's End	5
Got Service?	6
Managers Report	7
Group Contributions	8
Treasurer's Report	9
EVI Minutes	10 & 11
The Family Afterward	12



# NO BOOZE NEWS

## Best Part of the Evening

Just four days shy of 30 days sober, I turned 28. While I had already experienced a couple of miracles from the program (I went to a NFL game without drinking!), I was dreading having a birthday without booze. Would it even be any fun?

I hadn't celebrated a birthday that didn't end in a blackout in more than a decade. I remember the first time I met my sponsor to do Step work. I told her I was worried about staying sober on my birthday.

"Oh, is today your birthday?" she said. I told her it wasn't. "Then no need to worry about it now," she said. "God lives in today and that's where we'll stay."

She also told me to train my brain to "think of God instead" when any worries of my birthday (or any feelings of anxiety for that matter) popped up into my head. My spiritual toolkit had just received one of its very first tools.

My first sober "belly-button birthday" (as you guys called it) fell on a Tuesday night. I only remember it was on a Tuesday because I had to miss my home group meeting to go to my parents' house for dinner.

Mind you, I had avoided my family all summer long because I had been arrested for DUI in June. I was so overcome with shame and guilt that my favorite coping skill—avoidance—kept me in hiding. When I was drinking, I was so loaded all the time that I'm not even sure I called home on birthdays, let alone tried to see my parents.

With the newfound freedom from starting the Steps (I was about to begin my Fourth Step), what better time than my birthday to let my parents know that I had a progressively fatal disease? My timing may not have been impeccable but I do know that God's always is.

I was terrified to say out loud to my parents that I was indeed an alcoholic. I knew once I admitted it to them, I would be reaching a point of no return. I just had to stay sober once they knew my secret. There was something in sharing that secret that made my alcoholism feel more real.

Taking the advice of my sponsor, I prayed that God would "give me the words and speak for me." I also prayed for the courage to be open and honest. I couldn't focus on the outcome. I had to trust God that my sharing of this news with my parents wouldn't stop the world from turning.

Shockingly, the whole conversation went smoothly. Of course, there were tears, but they were tears of love and support. I was able to say to them that being arrested was the greatest gift that God had ever given me. I told them that it had catapulted me into a life beyond my wildest dreams and given me freedom.

The highlight of the evening, however, was not the admission of my alcoholism to my parents. While that was a very liberating experience, it was still uncomfortable. The real highlight was going to the "meeting after the meeting" at the coffee shop across the street from my home group.

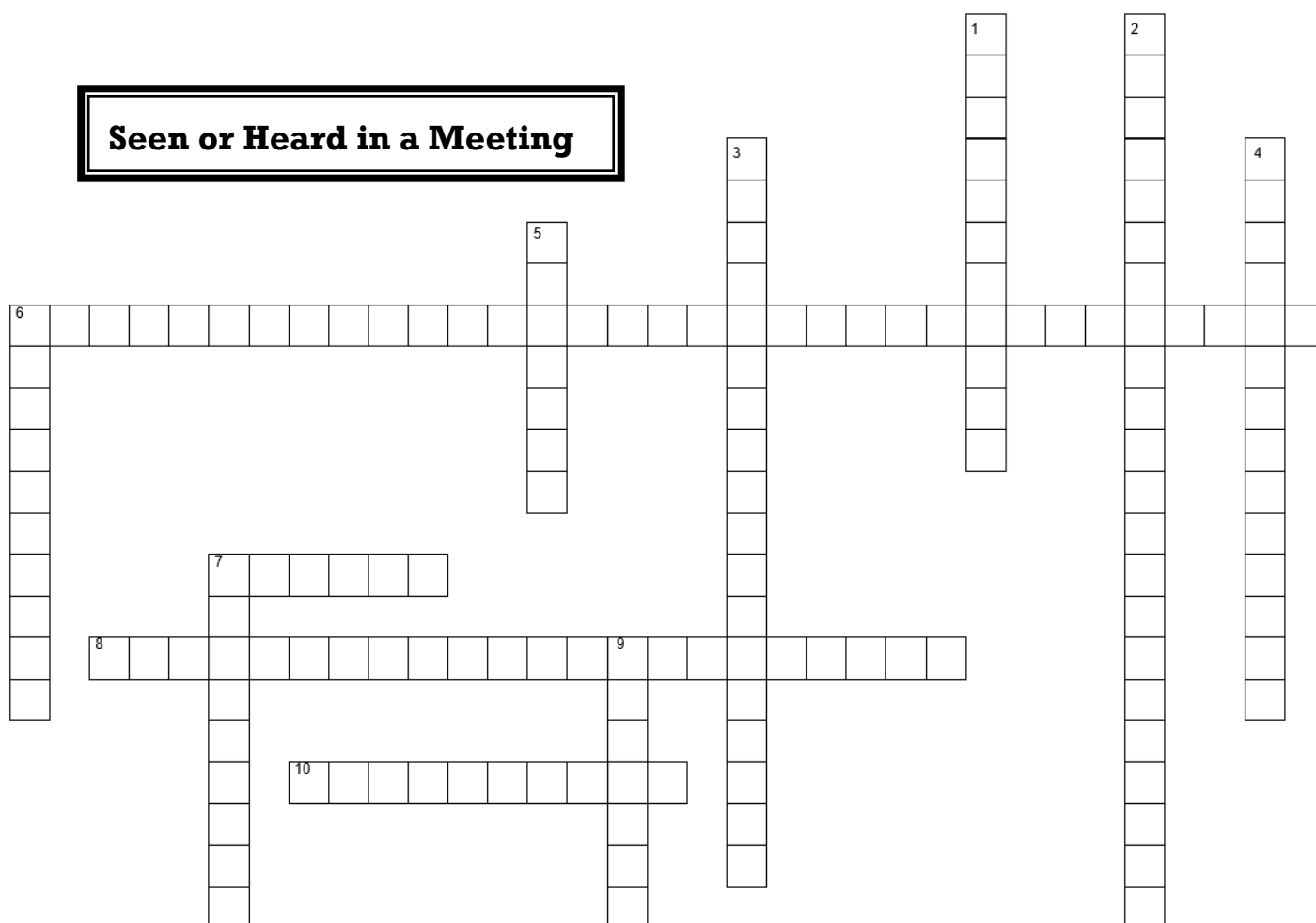
My sponsor had made sure that I had a sober place to celebrate my first belly-button birthday in sobriety once I was finished at my parents' house. She invited her other sponsees and women from the home group to show me that we never have to walk through anything alone. They sang "Happy Birthday" to me with a little cake on the patio.

While I was overwhelmed at the time by all the unconditional love and attention, I am brought to tears today to think of the selfless gift those women gave me. They showed up for me and they didn't even know me. They loved me before I was able to love myself. They stayed out late to make sure I was going to be OK and show me that there is such a thing as having fun without drinking.

The gift of fellowship that those courageous and kind women gave to me that night helped me get through one of my very first "firsts" in sobriety. I'm eternally grateful to them, and have had the honor of being able to pass on the love to help other newcomers celebrate some of their very first "firsts" too.

-- Megan M. Phoenix, Ariz., USA

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From the October 2017 magazine.*

**AA Grapevine Daily Quote****September 23, 2018****"I have made a determined effort to focus more on seeing myself as God sees me."****Seen or Heard in a Meeting****ACROSS**

- 6** Copies of Bill W.'s supplemental interpretation of the big book can often be found at a meeting. What is this condensed publication named?
- 7** This is served hot and strong at almost every meeting of Alcoholics Anonymous.
- 8** These are free to anyone and displayed at most meetings of Alcoholics Anonymous for newcomers and those interested in learning more about this disease.
- 10** A portion of this is read at the beginning of most AA meetings.

**DOWN**

- 1** A member of Alcoholics Anonymous who does service by leading a meeting and making sure an atmosphere of recovery is present.
- 2** This is passed around at some point during a meeting since AA is fully self supporting and does not accept outside contributions.
- 3** This is usually displayed or hung on the wall at an AA meeting.
- 4** This can be heard in unison at the beginning of many AA meetings.
- 5** AA meetings often get emotional, so there are usually a few of these around the room.

**DOWN (continued)**

- 6** A copy or two of this vital piece of AA literature can usually be found at a meeting.
- 7** The advice or opinion of an AA member's "share" should not be voiced during a meeting. This is referred to as....
- 9** This is set out for those who wish to donate to alcoholics who are hospitalized or incarcerated.

**AA Stuff**  
Sept Newsletter

Across

1. StFrancis  
3. parallel  
5. NewYorkCity  
9. false  
11. grapevine  
12. newcomer

Down

2. false  
4. DrBob  
6. one  
7. twoormore  
8. alanon  
10. true

## EXTRA! EXTRA! Read All About It!!

Subscriptions are only \$12 a year...we'd love your support!!!



Page 3

## Attitude of Gratitude

If you are grateful for your sobriety and would like to give back to the program that has so freely given to you, please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers. Participating in any of these committees can be a great way to carry the message to the still suffering alcoholic, both in and out of the rooms.

As an ongoing reminder, we are still in need of more volunteers for the 12th Step call list. Although we are great at making sure the phones are answered day or night, finding someone willing and available to do a 12th Step call can sometimes be very challenging, and often times it's hit or miss depending on the time of day. If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic reaching out to AA for help from time to time, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible. Who knows — the life you save could be your own....

### EAST VALLEY INTERGROUP – Gratitude With Service form *revised 2/09*

Return to: 1320 E. Broadway Rd., Suite 105 Mesa, AZ 85204

(480) 827-1905

e-mail: [info@aamesaaz.org](mailto:info@aamesaaz.org)

[www.aamesaaz.org](http://www.aamesaaz.org)

Date \_\_\_\_\_ \*First Name \_\_\_\_\_ Last \_\_\_\_\_

Address \_\_\_\_\_ \*Phone \_\_\_\_\_

\*City \_\_\_\_\_ \*ST \_\_\_\_\_ \*Zip \_\_\_\_\_ \*Gender \_\_\_\_\_

\*Sobriety Date \_\_\_\_\_ Home Group \_\_\_\_\_

e-mail address \_\_\_\_\_ Alt Phone \_\_\_\_\_

\* = required for listing in 12<sup>th</sup> Step List

☐ No Booze News Subscription / Renewal (\$12.00 annual subscription fee enclosed)

#### Volunteer Service Options

*Check only those you are willing to commit time to*

##### 12<sup>th</sup> Step List Volunteer

☐ Weeknights

☐ Weekends

☐ Weekdays

##### Phones Night & Weekend

☐ Weekends

☐ Weeknights

☐ Office Phone Volunteer

☐ Other Office Help

#### Committees of Interest

*Check only those you are willing to serve on*

☐ Public Information / Cooperation with the Professional Community

☐ Special Events

☐ Literature

☐ Newsletter (*No Booze News*)

☐ Unity Committee

☐ Deliver A Meeting



**ROUNDUPS, CAMPOUTS AND CONFERENCES**

**ROCKY POINT ROUNDUP**

OCTOBER 19 ~ 21  
SONORAN SEA RESORT  
PUERTO PENASCO, MEXICO

**LAKE PLEASANT ROUNDUP**

OCTOBER 26 ~ 28  
LAKE PLEASANT, AZ



**LAKE HAVASU ROUNDUP**

NOVEMBER 2 ~ 4  
1477 QUEENS BAY  
LAKE HAVASU CITY, AZ



**APACHE LAKE CAMPOUT**

NOVEMBER 2 ~ 4  
APACHE LAKE RESORT  
APACHE LAKE, AZ

**MIRACLE ON THE RIVER**

NOVEMBER 2 ~ 4  
1477 QUEENS BAY  
LAKE HAVASU CITY, AZ

**JEROME AA ROUNDUP**

NOVEMBER 2 ~ 4  
260 HULL AVE.  
JEROME AZ



**2018 EVI Day of Service**

**October 13, 2018**

2:00pm to 8:00pm

805 N Country Club Dr. Mesa AZ

( First Christian Church )

A presentation on  
all service opportunities  
at your Intergroup,  
dinner  
and a speaker meeting.

**Meal and a Message**

Saturday, October 13th

5:30 to 9 ish

1525 N Power Rd. Mesa AZ



**East Valley Men's Retreat**

October 19 - 21, 2018

1605 S St Mary's Way, St David AZ 85630

(Holy Trinity Monastery)

**2018 November Assembly**

November 3rd, 2018

100 Park Ave,  
Lake Havasu City, AZ  
(Lake Havasu Aquatic Center)

**Sub-District 08-818 presents:**

**Drunks Like Us**

7pm. Saturday Oct. 20th, 2018

393 W Warner Rd. Chandler AZ

Social hour followed by speakers.



Name	Date	Days
Dick Y. ....	10/3/1973.....	16436
Thomas S. ....	10/17/1981.....	13514
Larry R. ....	10/3/1983.....	12784
Lenay L. ....	10/7/1984.....	12418
George D. ....	10/20/1984.....	12418
Louise G. ....	10/25/1984.....	12410
Shap W. ....	10/18/1985.....	12053
Harry L. ....	10/28/1985.....	12053
Jim S. ....	10/10/1986.....	11688
BJ W. ....	10/27/1986.....	11688
Pat P. ....	10/18/1987.....	11323
Shirley B. ....	10/8/1988.....	10957
George P. ....	10/2/1992.....	9496
Denis W. ....	10/26/1992.....	9496
Lucy W. ....	10/11/1995.....	8401
Juanita A. ....	10/28/1995.....	8401
Jay Z. ....	10/14/1996.....	8035
Lisa B. ....	10/13/1997.....	7670
Dave H. ....	10/14/1998.....	7305
Gordon R. ....	10/17/1998.....	7305
Dennis R. ....	10/23/1998.....	7305
Dan D. ....	10/18/1999.....	6940
Rebecka L. ....	10/5/2000.....	6574
Dana T. ....	10/16/2000.....	6574
Danny S. ....	10/22/2001.....	6209
David R. ....	10/3/2003.....	5479
Mike P. ....	10/9/2003.....	5479
Kristina F. ....	10/23/2004.....	5113
Shelby T. ....	10/1/2005.....	4748
Diane B. ....	10/7/2005.....	4748
Robin W. ....	10/12/2005.....	4748
Archie T. ....	10/10/2006.....	4383
Katie S. ....	10/8/2008.....	3652
Robert S. ....	10/13/2008.....	3652
Nathan U. ....	10/20/1008.....	3652
Sherry B. ....	10/21/2008.....	3652
Vida J. ....	10/17/2009.....	3287
Peggy J. ....	10/23/2009.....	3287
Skip P. ....	10/10/2010.....	2922
Adrian M. ....	10/21/2010.....	2922
Jerry C. ....	10/25/2010.....	2922
Claire C. ....	10/27/2010.....	2922
Jeff K. ....	10/27/2010.....	2922
April T. ....	10/28/2010.....	2922
Sasha M. ....	10/2/2012.....	2191
Peggy K. ....	10/21/2012.....	2191
Gussie O. ....	10/27/2012.....	2191
Paul B. ....	10/1/2013.....	1826
Sue H. ....	10/8/2013.....	1826
Jack B. ....	10/10/2013.....	1826
Richard E. ....	10/8/2015.....	1096
Paige L. ....	10/17/2015.....	1096
Adam K. ....	10/19/2015.....	1096
Angie G. ....	10/29/2015.....	1096
Katrina A. ....	10/6/2016.....	730
Brianna R. ....	10/22/2016.....	730
Maria W. ....	10/29/2016.....	730

**Step Ten~ Continued to take personal inventory and when we were wrong promptly admitted it.**

**Tradition Ten~ Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.**

**Concept Ten~ Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.**

*At Wit's End*

### It's the truth!

Everyone in the office was startled when Robert clutched his chest and fell over. He was rushed to the hospital. The paramedics in the ambulance began getting him ready for the emergency room.

"Do you smoke?" a medic asked him.

Robert: "No, I stopped smoking three years ago."

Medic: "Do you drink alcohol?"

Robert: "No, I don't drink anymore."

Medic: "When did you stop drinking?"

Robert: "Around 7:30 this morning."

Dusty B.

Hancock, Maine



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**PI / CPC**

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

235 E Guadalupe Rd. Gilbert

(Gilbert Presbyterian Church)

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

480 827-1905

**EVI Phone Workshop**

Third Friday's at 6:15 pm

Before the monthly business meeting at

1125 N Dobson Rd

Antioch Community Church

Or

**Workshops can be done at your Group !**

For more information

Call Beth H

**EVI Sponsorship Workshop**

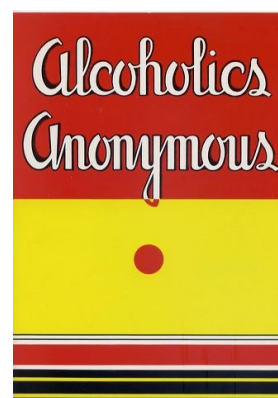
10am the 1st Saturday of every other month

235 E Guadalupe Rd. Gilbert AZ

(Gilbert Presbyterian Church)

Contact: Gail H.

HOST GROUP SCHEDULE

**November 3rd ~ No Name Group**

Join the

**EVI Unity Committee**

Meeting at 6:15pm Every 3rd Friday

Antioch Community Church

1125 N. Dobson Rd Chandler

**EVI Special Events Committee**

Meeting held before the Monthly Speaker Meeting

1st Friday of the month

Antioch Community Church

1125 N Dobson Rd Chandler

contact: Deana E.

**EVI Monthly Speaker Meeting**

1st Friday of Every Month

**Meeting Now At 7:30pm**

Antioch Community Church

1125 North Dobson Road, Chandler

**October 5th ~ Sunset Group**

November 2nd ~ Gilbert Gals

These are subject to change - so keep watching.

Office Volunteers &  
EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific

times and days.

\*\*\* Fill In shifts available now\*\*\*



# Central Office Manager's Report

September 21, 2018

We received 515 requests for information and assistance last month. Of those 143 calls were for meeting info, 145 were office visitors and 8 resulted in a 12 step call. Our website stays busy too. It had 54,260 visits in the last 30 days. Our Google listing also receives steady traffic 6,727 people found us on Google. Of those 213 went to our website and 42 got directions to the office.

We have received a large literature order this month. We have several copies of the new Navajo Big Book CD sets as well as a healthy stock of all other A.A. produced literature.

Service day / newsletter folding at the office this month on Thursday 27th. We'll be folding The No Booze News, meeting schedules and maybe some pamphlets. Last month's Service Day was very well attended and there is always room for a few more. There will be lots of donuts, coffee and Fellowship. Stop by if you can, we have a lot of fun.

All front desk shifts at the office are filled but we still need temps and fill in's when the regulars need a day off. The 12 step list is in need of people willing to provide the hand of A.A. for those trying to get sober. Please take some Gratitude with Service forms back to your Home Group and encourage members to sign up for this or any service positions. The life you save may be your own.

My report seems thin this month but I will be bringing lots of information back from the ICOAA Seminar that I'm attending this week-end. And remember, this seminar is being held in Mesa next year. Hope some of you can find time to serve on the host committee for this event. Details will be available soon.

In the spirit of Tradition Eight,  
Love and Service

Kim W. Central Office Manager  
East Valley Intergroup

## EVI CENTRAL OFFICE ACTIVITY

..... Aug .....	2018
Meeting Information Calls.....	143 ..... 1183
General Information .....	104 ..... 887
Referred to Salt River Intergroup ....	4 ..... 64
Referred to Al-Anon.....	12 ..... 110
Referred to Community Info.....	0 ..... 9
12th Step Calls .....	8 ..... 87
Business Calls .....	99 ..... 873
Office Visitors .....	145 ..... 1268
Meeting lists printed.....	800 ..... 5900
Info request via E-mail.....	47 ..... 413
Desk Volunteers-Reg/Sub/None.....	28/ 8/ 6
Desk Volunteers-Reg HRS YTD. ....	1216 hrs

### Web Stats

Website Visits last 30 days 54,260 YTD 372,171  
Google Searches last 30 days 6,727

## Meeting List Updates...

### New Meetings:

Sobriety and Beyond	931 E Southern Ave. Mesa	TH 3:00p O
417 Group	6289 S Greenfield Rd. Gilbert (Light of Christ)	TH 7:00p O
East Valley Vets	165 N Centennial Way, Mesa (Mesa Vets Center)	SA 9:00a O
Why Not Wednesday	45295 W Honeycut Ave. Maricopa	WE 6:00p O
East Valley Vets	165 N Centennial Dr. Mesa	SA 9:00a O

### Changes:

Women in Gratitude **Moving to:** 6101 E Virginia St. Mesa TU 7:00p W,O  
Sobriety Rocks 462 N Palo Verde Dr. AJ SA 10:00am is now a BB Study  
Fountain Hills Group 13001 N Fountain Hills Blvd TU & TH now meet at 7:00pm

### Deletions:

*East Valley Intergroup*  
1320 E. Broadway Rd. # 105  
Mesa, AZ 85204

*General Service Office*  
PO Box 459, Grand Central Station  
New York, NY 10163

\*\*\* NEW \*\*\*  
Area 03 Treasurer  
PO Box 18765  
Tucson, AZ 85371

\*\*\* NEW \*\*\*

*District 08-818*  
PO Box 12044  
Tempe, AZ 85284

*District 08-819*  
PO Box 594  
Mesa, AZ 85211

*District 08-820*  
PO Box 20404  
Mesa, AZ 85277

*District 08 (Maricopa County)*  
PO Box 45066  
Phoenix, AZ 85064

*Valleywide H & I*  
PO Box 80126  
Phoenix, AZ 85060

### Example of Group Contributions to A.A.

#### Service Entities

Distribution of funds from groups that  
support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup



Reprinted with permission from A.A. World Services,  
from the pamphlet Self Support.

# GROUP CONTRIBUTIONS

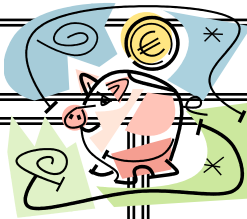


Page 8

GROUP	Aug	YTD
11th Step Candlelight .....		\$100.00
2121 Beginner Workshop .....		\$0.00
24 Hours A Day .....		\$0.00
A Vision For You Group .....		\$607.16
ABC Group .....		\$75.00
AHA! It's Monday .....		\$100.00
Ahwatukee Daybreak Serenity .....		\$0.00
Ahwatukee Group .....	\$54.19	\$265.47
Ahwatukee Nooners .....	\$350.00	\$950.00
Ahwatukee Saturday Men's .....	\$194.14	\$1,105.41
Ahwatukee Women's Group .....		\$132.13
Arbor Daily Noon Group .....	\$200.00	\$1,650.00
Attitude Adjustment Ahwatukee .....		\$187.75
Attitude Adjustment CG .....		\$70.00
Attitude of Gratitude .....		\$150.00
Basic II .....	\$50.00	\$50.00
Bloopers .....		\$710.00
Bootstrap Men's .....		\$500.00
Breakfast Club .....		\$1,200.00
Busted Ego .....		\$400.00
By The Book .....		\$340.72
Chandler Men's Stag Group .....		\$391.00
Chandler Noon Group .....	\$98.00	\$955.60
Chandler Women's Big Book Group .....		\$0.00
Cold Coffee Group .....		\$0.00
Common Solution .....		\$70.00
Common Thread .....		\$150.00
Copper Basin Group .....		\$0.00
Courage To Change .....		\$900.00
Daily Reflections Group .....		\$0.00
Day At A Timers .....		\$0.00
East Valley Men's Stag .....		\$390.00
Easy Does It Group .....	\$88.87	\$710.96
Eye Opener Group .....		\$1,455.47
Family Recovery Group .....		\$0.00
Feelings & Solutions .....		\$75.00
Firehouse Meeting .....		\$150.00
Florence Group .....		\$0.00
Friday Night Big Book Study .....		\$0.00
Friends Of Bill W. ....		\$184.00
Get It Together .....	\$171.03	\$2,757.68
Gilbert Gals .....		\$0.00
Gilbert Group .....		\$0.00
Gold Canyon 12 X 12 Group .....		\$0.00
Good Ol' Back to Basics .....		\$400.00
Grateful Dames .....		\$0.00
Grateful Girlfriends .....		\$70.00
Gratitude Group .....		\$324.00
Great Start .....		\$200.00
Cut Level .....		\$256.00
Happy Hour @ Sunbird .....		\$420.69
Heard It Thru The Grapevine .....		\$0.00
Into Action .....		\$150.00
Inwardly Reorganized .....		\$0.00
Keepin It Real Ladies .....		\$375.00
Life In The Big Book .....		\$715.40
Maricopa 12 X 12 .....		\$120.00
Maricopa Group .....	\$25.00	\$100.00
Mid-Morning Group .....		\$100.00
Monday Night Madness .....		\$85.00
Morning After Group .....		\$335.00
Name In The Hat .....		\$306.83
New Beginnings .....	\$100.00	\$500.00
New Hope Group .....		\$110.00
New Spirit Group .....		\$300.00
No Name AA Group .....		\$0.00
Not A Glum Lot .....		\$100.00
Page A Day .....		\$900.60
Pioneer Group .....	\$60.00	\$233.00

GROUP	Aug	YTD
Price Is Right .....		\$60.00
Primary Purpose Group .....		\$240.00
Prime Time .....		\$0.00
Progress Rather Than Perfection .....		\$0.00
Putting God First .....		\$950.00
Queen Creek Saturday Speaker .....		\$0.00
Re-Awakening Group .....		\$15.00
Remember When .....		\$0.00
Renewed Spirit .....		\$300.00
Right Place Women's .....		\$0.00
Rising Spirit .....		\$891.55
Road To Recovery .....		\$942.54
Rock Solid .....		\$95.50
San Tan Men's .....		\$35.50
Second Chance Group .....	\$340.00	\$700.00
Seniors In Sobriety-Tempe .....	\$72.00	\$72.00
Serenity At Six .....		\$0.00
Shade Tree .....		\$0.00
Sisterhood Of Solutions .....		\$290.00
Sobriety is Gold .....		\$200.00
Sobriety Rocks .....		\$213.38
Society Group .....		\$500.00
Solutions Group .....		\$0.00
Some Are Sicker Than Others .....		\$0.00
Southeast Valley Stag .....		\$250.00
Spirited Women .....	\$108.50	\$221.00
Step By Step Group .....		\$40.24
Stepping Stones .....		\$60.00
Sunday Morning Women .....		\$0.00
Sunday Night BB Step Study .....		\$518.61
Sun Lakes Women .....		\$92.00
Sunland Serenity Seekers .....		\$183.00
Sunset Group .....		\$340.00
Tempe Group .....		\$100.00
Tempe Nooners .....		\$100.00
Tempe Sunrisers .....		\$0.00
Tempe Young People .....		\$0.00
The Library .....		\$113.00
The Real Thing .....	\$66.81	\$66.81
The Way Out Group .....		\$800.00
Thursday Night Step Group .....		\$0.00
Tuesday Night Steppin Out .....		\$205.00
Tuesday's Trudgers .....		\$0.00
Tumbleweeds Group .....	\$300.00	\$420.00
Upon Awakening .....	\$700.00	\$2,100.00
We Ain't Dead Yet .....		\$82.50
We Agnostics .....		\$440.00
We Can Group .....		\$129.00
Wednesday Night Step .....		\$0.00
Wednesday Night Winners .....		\$0.00
Welcome Home .....		\$188.65
West Chandler Men's .....		\$80.00
Who's Driving Your Bus? .....		\$0.00
Wolf Pack Group .....		\$50.00
Women in Gratitude .....		\$105.00
Women in Solution .....		\$207.63
Women in Touch .....		\$123.00
*Anonymous Groups .....		\$648.15
<b>OTHER GROUPS/COMMITTEES</b>		
Apache Lake Campout .....		\$102.02
VALYPAA .....		\$62.00
AZ AA Womens Conference .....		\$500.00
Dist 08-818 .....		\$61.84
Mesa Round Up .....		\$0.00
<b>Group Totals .....</b>	<b>\$2,918.54</b>	<b>\$36,779.79</b>
<b>EVI Committees .....</b>	<b>\$75.70</b>	<b>\$709.44</b>
<b>Individual Contributions .....</b>	<b>\$300.00</b>	<b>\$2,252.67</b>
<b>GRAND TOTALS .....</b>	<b>\$3,294.24</b>	<b>\$39,741.90</b>
(*Group contribution with no group name listed)		
(*Group contribution with no group name listed)		





### BALANCE SHEET August 31, 2018

#### Assets

##### Current Assets

Checking	3,281.03
Prudent Reserve (Savings)	25,873.49
Accounts Receivable	675.79
Inventory Asset	20,101.62
Undeposited Funds	16.50

##### Fixed Assets

Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)

**Total Assets** **\$53,532.55.87**

#### Liabilities & Equity

##### Liabilities

Accounts Payable	547.50
Visa Credit Card	666.45
Payroll taxes	189.76

**Total Liabilities** **\$1,403.71**

##### Equity

Opening Balance Equity	43,778.94
Retained Earnings	4,975.38
Net Income	3,374.52

**Total Equity** **\$52,128.84**

**Total Liability & Equity** **\$53,532.55**

### PROFIT & LOSS STATEMENT August 2018

16 Group contributions totaling	\$2,918.54
1 Individual contributions totaling	\$300.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$75.70
<b>Total Contributions</b>	<b>\$3,294.24</b>
<b>Total Income</b>	<b>\$9,095.61</b>
<b>Less total Cost Of Sales</b>	<b>\$3,979.77</b>
<b>Gross Profit</b>	<b>\$5,115.84</b>
<b>Less total Expenses of</b>	<b>\$6,369.12</b>
<b>Net August Loss</b>	<b>(\$1,253.28)</b>
<b>YTD 2018 Gain</b>	<b>\$3,374.52</b>

The current Prudent Reserve balance is \$25,873.49  
The Prudent Reserve has been  
established for 2018 in the amount of \$25,895.52

Please call me with any questions or comments  
regarding the financial statements.

Grateful to be of service,  
Lois L. EVI Treasurer

### Traditions Checklist

**Tradition Ten: Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.**

1. Do I ever give the impression that there really is an "AA opinion" on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal or state government? Legalizing marijuana? Vitamins? Al-Anon? Alateen?
2. Can I honestly share my own personal experience concerning any of those without giving the impression I am stating the "AA opinion"?
3. What in AA history gave rise to our Tenth Tradition?
4. Have I had a similar experience in my own AA life?
5. What would AA be without this Tradition? Where would I be?
6. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious ways?
7. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?

## East Valley Intergroup Business Meeting Minutes

September 21, 2018

Meeting Opened by Ed at 7:05 PM with Moment of Silence followed by Serenity Prayer

12 Traditions ready by – Pat

**INTRODUCTIONS:** *Your attendance and participation are appreciated, and visitors are always welcome!***Intergroup Representatives:****New Reps:** Dave QC-Vision for You, Hilary Reawakening, Ed East Valley Vets

*Jim D Arbor Group, Vic Valli Bloopers, , Teresa M BBSS, Jim L. Breakfast Club, Rick C. Alt Breakfast Club, Molly G. By the Book, Segrid Chandler Women's BB, Tommy W. EV Men's Stag, Denis W. Friends of Bill W., Wendy W. Gilbert Gals, Debbie G. GIT, Matthew J Primary Purpose, Robin H. Putting God First, Barb M QC Nooners, Matt R Second Chances, Andrea M. Alt. Serenity Sisters, Jeri H. Sobriety Rocks, Peg D. Spirited Women, Kate B. Step by Step, Dave T. SNBBSS, Dave K. Sunset Group, Ken C. Sunset Group (Alt), Beth H. Alt Tempe Sunrises, Pat C. The Way Out, Paul B. Tuesday Night Steppin' Out, Tt, Paul Z. WADY, Beth H. We Agnostics, Gary L. Welcome Home, Michelle O. Women in Gratitude*

**Committee and other Trusted Servants: (N/P = Not Present)**

Service Position	Name	Service Position	Name	Service Position	Name
Chair	Ed	Office Manager	N/P	H&I Liaison	N/P
V.Chair	Chuck E.	Chair- Special E.	Deana	Spanish Liaison	N/P
Treasurer	Lois L.	Chair- PI/CPC	N/P	Alanon Liaison	Rosemary B.
Secretary	Andrea M.	Chair- Phones	Beth	DCM 08-818	N/P
Advisor- Special E.	Steve W.	Chair- Unity	Tom	DCM 08-819	N/P
Advisor- PI/CPC	Mark	Chair- Sponsorship	N/P	DCM 08-820	N/P
Advisor- Phones	Dave K.	No Booze News	N/P		
Advisor- Unity	Eddie	Literature	N/P		

**Secretary's Report:** Andrea: Welcome to new reps, Please sign in and update info, New Rep packets available, see Andrea after meeting, Denis- Motion, Gary-2nd

**Treasurer's Report: Report in Packet** Lois- report in packet, August- 16 groups contributed, 1 individual! Net Income \$-1,253.28 (loss), YTD is \$3,374.52, so still good! Reviewed P&L, Asked reps to review group contribution page, No questions, Motion – BethAnne, 2<sup>nd</sup> - Jay

**7<sup>th</sup> Tradition: \$63.75**

**Chairperson's Report:** Ed- Introduced Splash the Accessibilities Committee Coordinator from District 08 for presentation: Accessibilities Committee is part of District 08, Goal of committee is two fold. First, to bring awareness to fellowship of committee. Second, to reach alcoholics who have additional barriers to recovery (deaf, blind, low vision, disabilities, seniors in care, chronic illness-homebound). Committee needs your help by going back to groups and looking for people at your meetings that need help. Please contact committee if you know someone or aware of someone that needs services.

**Vice Chair's Report:** Chuck E- report in packet, attended area assembly, encouraged reps to ask GSR's about panel topics, Day of service correction on report to Oct 13<sup>th</sup>.

**Office Manager:** Kim- N/P @ ICOAA Meeting, Next year we will be hosting this convention! Office remains busy! Service day at office is Thursday, September 27<sup>th</sup>- donuts, coffee, and fellowship!! Questions? -Gary L asked about dates for ICOAA next year? Chuck- ICOAA is at end of September next year.

**STANDING COMMITTEE REPORTS**

**PICPC:** Victor- NP, Mark – Thank you for approving budget increase for books and Art of Recovery Expo, Will be at booth tomorrow morning, Committee doing well, would love people to join committee

**Special Events:** Deana – Bowlathon was a success, Please consider joining Special Events! Next event is Monthly speaker meeting on Oct 5<sup>th</sup>, Sunset accidentally signed up twice so are there any groups that would like to take over for October? Courage to Change volunteered to take over October 5<sup>th</sup>! Thank you!! Day of Service is October 13<sup>th</sup>!! Food, Fellowship, FREE- Tom N is the speaker, please join for great day of learning about service opportunities, your intergroup, a great speaker and FOOD! Thanksgiving Alcahthon sign up is being passed around- please get group signed up for shift. SE Chair is rotating out in December, Deanna is willing to help out with the transition- **who is ready to be the next Special Events chair??**

**Phone Committee:** Beth-Nothing to report, phones are running smooth, Commitment is up in December, **Please consider taking on position as everything has been stream-lined!**

**Unity Committee:** Tom- Committee meets right before this meeting (business meeting), sign up and join! Committee reaches out to group in intergroup.

**Sponsorship Workshop:** N/P

**Newsletter Editor:** N/P

**Literature:** N/P

### **LIASION REPORTS**

**Alanon Liaison:** Rosemary- Chili Cook off tomorrow night!

**H&I Liaison:** N/P,

**Spanish Liaison:** N/P

**Sub District 08-818:** N/P

**Sub District 08-819:** N/p

**Sub District 08-820:** Carol B – Oct 13<sup>th</sup> is the Quarterly Potluck at Epiphany of Christ Church in Apache Junction, Main dish provided, please bring dish to pass, Speaker is Halloween mystery!!!! Come find out!

### **OLD BUSINESS:**

None

### **NEW BUSINESS:**

H&I – rep had to step down, need position filled. Asked group for interest. Mike stood up and qualified- 2 years sober and looking for more service. Thanks, Mike!

Elections:

Announcing upcoming elections in November. Please help by going back to groups and encouraging others to run for EVI Steering Committee service position. Positions up for election:

Chair

Treasurer

Advisor to Steering Committee for Special Events

Advisor to Steering Committee for PI/CPC

### **ANNOUNCEMENTS:**

**Group Problems & Solutions:** none

**Announcements:** none

**Close Meeting:** Motion to close- Jim- 2<sup>nd</sup>- all !

Thank you,

Andrea M.

**I did not** get to Alcoholics Anonymous because I was working a first step. I got to A.A. because someone else was working a twelve step.

Thank you for the contribution Anne V.



There are three chapters at the end of the AA Big Book that aren't talked about a whole lot in meetings. "To Wives" is the chapter dedicated to the spouse of the alcoholic. "To Employers" is dedicated to the employer of an alcoholic. "The Family Afterward" deals with the people that are closest to the alcoholic, not only witnessing the destructiveness of the disease but also feeling the impact on a regular basis.

All these chapters are there and meant to be read by these individuals. But they are also meant for me to read so that I can gain a better understanding of how the people around me might behave as I recover.

I love these three chapters because, although they do not address step-work specifically, they offer expectations and suggestions on how everyone that feels the ripple effect of alcoholism can respond in a healthier way. This was a tremendous gift that was offered by the authors of this book. Recovery is hard enough, so visibility to the whole landscape, some perspective on how to behave, some understanding to how other people might behave, this is critical to helping me reintegrate with the world.

The Big Book authors offer three main expectations in the third paragraph on page 122:

**Cessation from drinking is but the first step away from a highly strained, abnormal condition.**

Right out of the gate the authors explain that stopping drinking will not fix everything.

**A Doctor said to us, "Years of living with an alcoholic is almost sure to make any wife or child neurotic. The entire family is, to some extent, ill."**

So secondly, it is explained that, not only is the alcoholic sick, the family is sick too.

**Let families realize, as they start their journey, that all will not be fair weather.**

Lastly, we are given the assurance that this is not going to be easy.

As the chapter continues, we are given the gift of hope at the top of page 123:

**Suppose we tell you some of the obstacles a family will meet; suppose we suggest how they may be avoided – even converted to good use for others.**

And that is exactly what we get. The remaining twelve pages of the chapter are entirely dedicated to what may (and probably will) happen with the family of the alcoholic recovers. The Big Book authors really haven't missed a thing. When it comes to answering life's problems, all the bases are covered in the first 164 pages. I've yet to find something I cannot solve in the contents of this book. In my opinion, something that flawless must come from something beyond human intellect.

My family is and continues to be restored as I continue with the program of alcoholics anonymous. When I first tried to get sober, I specifically recall trying to get sober for them. I did not stop drinking. It wasn't until I finally got sober when I realized that my sobriety has nothing to do with my family.

Heaven forbid my family is taken suddenly, I am still here with my sobriety. My sobriety is mine and mine alone, it is my responsibility. I own my work to connect with a Higher Power. My family is a result of the work I do in this program. When I do well I tend to be present for my family in the right way, of service, living out my amends daily. When things aren't going well, they are typically the first ones to notice.

The last sentence of the first paragraph on page 135 sums it up:

**Seeing is believing for most families who have lived with a drinker.**

If I don't get this confused with trying to prove myself to them, then I will be okay. If I just do the step-work I am aligned with my HP and my family notices the way they were meant to notice.

**First Things First.**

**Live and Let Live.**

**Easy Does It.**

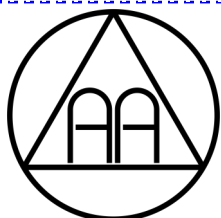
**Rick T.**

**Queen Creek, AZ.**

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If you have a story, a poem, a joke or even some artwork, No Booze News wants to hear it.

Send your articles to Maria D. info@aamesaaz.org THANKS!



**Please send us your stories; MAIL, EMAIL OR CALL IT IN!!**

I'd like to hear your story and put it in the No Booze News! Mail your story to the Intergroup office, or email it to me! Or call me and tell it to me and I'll write it down! Please include your name and phone number. We reserve the right to edit for content and/or clarity. Maria D. info@aamesaaz.org THANKS!